

THE PROSPECTUS

SUUMARY

LEVEL 4 DIPLOMA IN THERAPEUTIC ISLAMIC COUNSELLING

PART-TIME
SEPTEMBER 2025-AUGUST 2027

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MAYNARD & ASSOCIATES



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"AWAKENING THE HEART"

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What is Islamic Counselling?

**The aim of Islamic Counselling is the development of
Nafs al Mutmaina**

O serene self!

**Return to your Lord well pleased with him and He will
be pleased with you.**

Surah Fajr, 27-28

أَرْجِعِي إِلَىٰ رَبِّكَ رَاضِيَةً مَّرْضِيَةً



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What you will learn:

Key Aims of the Course

For you to develop your highest potential in service (*amal*) of others and yourself.

For your theoretical work to be deeply grounded in the Islamic Model deeply, so you can work with different presentations, including social cultural and political contexts.

For you to practice the values, skills and techniques of the Islamic model, so that you become an effective Islamic Counselling practitioner.

For you to be able to communicate about the subject area, including relating Islamic perspectives to other approaches so you can critically assess it and be aware of its scope and limitations.



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What is Islamic Counselling?

The term Islamic Counselling is understood to mean a way of understanding and working with human nature that is grounded in profound teachings from the revelation of The Quran and Prophetic models of practice (Sunna). There are now many organizations emerging that offer Islamic Psychology /Islamic Counselling but with different emphases to our model.



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Accreditation



The Islamic Counselling Diploma is accredited by the CPCAB (please see the [CPCAB website](#) for further details).



The Diploma entitles practitioners (once they have satisfied all of the criteria required for personal accreditation) to apply for individual accreditation through membership bodies such as the BACP.



Counsellors with CPCAB qualifications who are individually accredited by BACP can apply directly to join the new BACP Register. (Please see the [BACP website](#) for further details.)



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Recognition

Stephen Maynard & Associates is highly recognized in the field. Sabnum Dharamsi and Abdullah Maynard pioneered Islamic Counselling in 1997 and students practice in many organisations

The Dharamsi-Maynard model is evidence-based and has developed over the years to respond to the latest research, and feedback from students and clients, whilst remaining true to Islamic sources.



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Entry Requirements and Application procedures

- Entry requirements for the diploma are:
- Our Level 3 in Islamic Counselling
- Two references, one academic and one personal
- CV
- Assessment interview

We do not accept applications from students who have undertaken equivalent counselling courses from other models except in exceptional circumstances.

If your application is accepted, you will be invited for an assessment interview.

By submitting an application, you are agreeing to tuition attendance and payment of course fees for the year. Applications must reach us by **1st August 2025** but we recommend early application so that your place is secured and you can access the reading list prior to the course starting.

Interviews will be held on **16th July or 2nd September 2025**.

Successful applicants will be notified by **9th September or before**.

Completed application forms should be emailed to info@islamiccounselling.info



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Course structure



The Diploma in Islamic Counselling is a part time 2-years qualification and consists of c230-250 hours per year. Course sessions are from held from 10am-6:30pm on Saturdays and 5:30pm-8:30pm on Wednesdays for the first year. An additional hour at the end of each teaching session is available for tutorials.



Location

Our Wednesday evening sessions will be over Zoom. Our face to face location is in the semi-rural location of Toddington, which is between Luton and Milton Keynes.



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Trainee Commitment

In an average month a trainee will be expected to:

Attend the course for 4 days and 4 evenings (just over 10 months per year; online only in Ramadhan).

Allocate an equivalent amount of reading and course preparation time, i.e. 16 hours minimum per month.

Be in personal therapy for 4 sessions

Undertake client work in an agency setting. Gradually building up from 1 to 5 clients (Term 3)

Attend group or individual supervision (In class / Term 3)

Financial capability to commit to our training course.

Support the course through consideration and support of peers and consideration of tutors. Students are expected to look after the environment – venue and otherwise.



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Course Fees

The cost of the Diploma is currently £4500 p.a.

Students who wish to pay the whole sum, payable on enrolment, can be offered a discounted rate of £4300. Zakat bursaries are available.

All students are offered monthly installment payment arrangements of £540 deposit and £360 x 11 monthly payments.

These must be made on time.



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Other Costs



Minimum of 25 sessions of personal therapy per year over the duration of the training: approximately £30 -£35 per session (approximately £1500 - £1750 over two years).



Stephen Maynard & Associates are aware that although we would prefer placements to offer students insurance and supervision, some placements may not provide this and so you may also have to pay for supervision approximately £30-£80 per hour (circa £375-£1000) and private indemnity insurance (approx..£30-80 per year). BACP student membership: approximately £90 pa



DBS check (£49.50) and Text Books (minimum 8-10 per year)



If an extension is required, you may need to pay additional fees. Details in prospectus.



Our model of Islamic Counselling

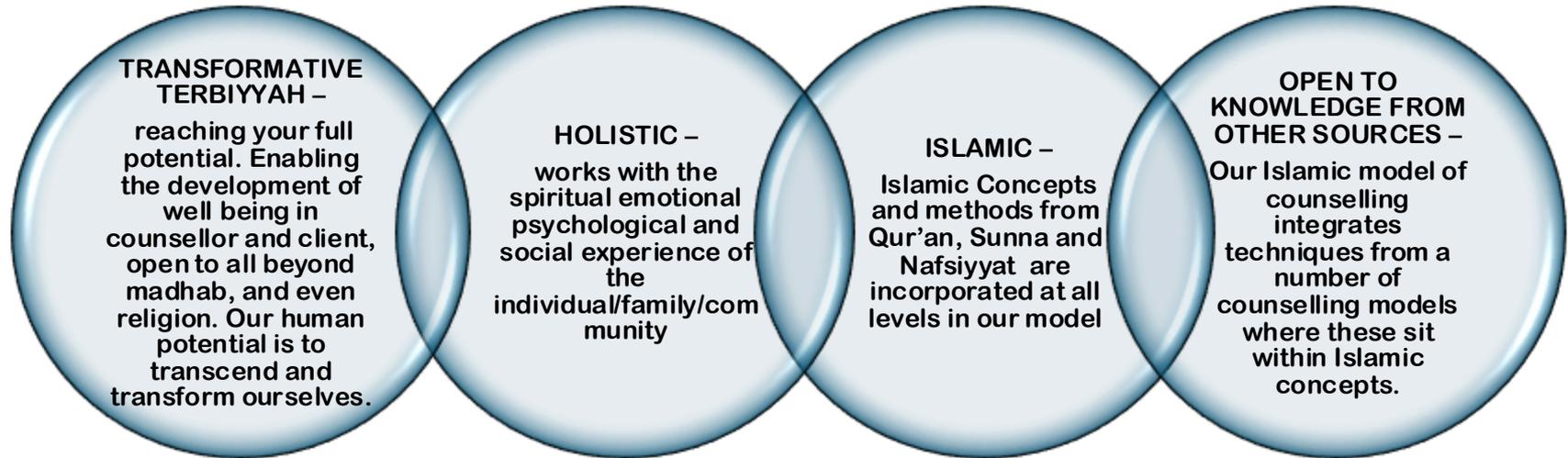
Is about being on a journey and being of service



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What is Islamic Counselling? - summarizing our model



A Mercy to All the Worlds.....



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