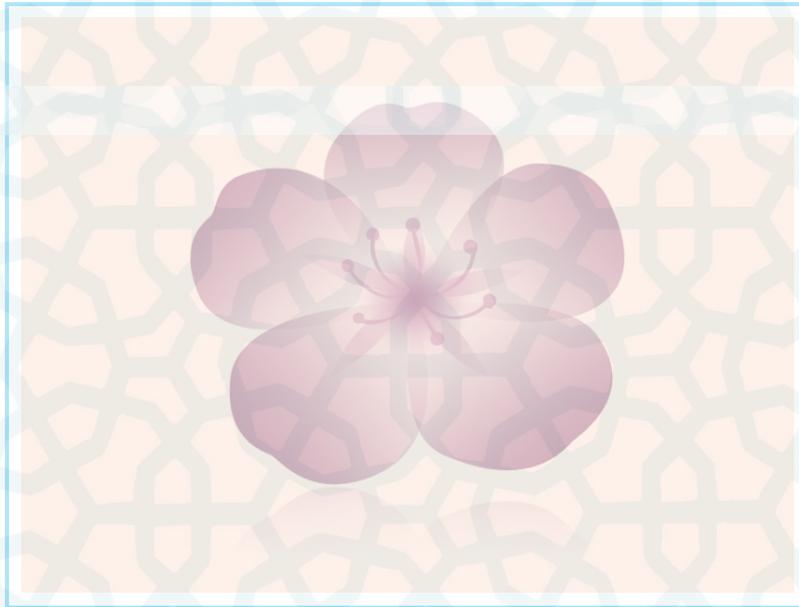




ISLAMIC COUNSELLING
"AWAKENING THE HEART"

THERAPEUTIC ISLAMIC COUNSELLING



THE PROSPECTUS

Level 4 Diploma in Therapeutic Islamic Counselling

Part-Time

September 2025-August 2027

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Vocationally Related Qualification Level 4 Diploma in Therapeutic Islamic Counselling Part-Time September 2025-August 2027

Introduction

Stephen Maynard & Associates' Islamic Counselling Diploma qualification provides an in-depth training for those wishing to take up a career in counselling. The course is two years part time, and for the first year we intend to offer this in the format of Saturdays plus Wednesday evenings. Designed by Sabnum Dharamsi, it is grounded in the teachings of Quran and life-model of the Prophet (*Sunna*), real life issues as experienced within diverse Muslim and non-Muslim communities and individuals, and Counselling and Psychotherapy Central Award Body (CPCAB) criteria with its emphasis on findings from current counselling research.

Overall aims of the Course

- To develop students' highest potential in the context of counselling as service (*amal*).
- To establish high standards of ethical and professional practice among students and further good practice within the field of Islamic Counselling and counselling in general.
- To enable students to communicate about the subject area, including relating Islamic perspectives to other approaches so that they can critically assess it and be aware of its scope and limitations.
- To enable students to ground their theoretical work in the Islamic Model with social cultural and political contexts that are encountered in the context of client work.
- To equip students with the values, skills and techniques of the Islamic model, so that they become effective Islamic Counselling practitioners.
- To facilitate students in developing a therapeutic relationship.
- To equip students to work as reflective practitioners.
- To enable students to work with clients towards the goal of Islamic Counselling: contentment.

Accreditation and Recognition

The Islamic Counselling Diploma is accredited by the CPCAB (please see the [CPCAB website](#) for further details) and equips counsellors to practice effectively in a variety of settings and contexts. The Diploma entitles practitioners (once they have satisfied all of the criteria required for personal accreditation) to apply for individual accreditation through membership bodies such as the BACP. Counsellors with CPCAB qualifications who are individually accredited by BACP can apply directly to join the new BACP Register. (Please see the [BACP website](#) for further details.)

What is Islamic Counselling?

The term Islamic Counselling is understood to mean a way of understanding and working with human nature that is grounded in profound teachings from the revelation of The Quran and Prophetic models of practice (Sunna). There are now many organizations emerging that offer Islamic Psychology /Islamic Counselling but with different emphases to our model.

Thus it is due to mercy from Allah that you deal with them gently, and had you been rough, hard hearted, they would certainly have dispersed from around you; pardon them therefore and ask pardon for them, and take counsel with them in the affair; so when you have decided, then place your trust in Allah; surely Allah loves those who trust.

3.159

Our values and beliefs

Our model of Islamic Counselling has vastly developed over the years we have taught students and practiced with clients. We believe that Human beings interact on many levels – biological, social, psychological and spiritual – in the seen and the unseen. In our model of Islamic Counselling, we support people in understanding and resolving problems in the greater context of [our spiritual growth \(terbiyyah\)](#). We believe that

counselling should be clearly experienced as trustworthy and compassionate, somewhere it's safe to be oneself, with both our dark shadow selves and the light of our *fitra* (innate God-given nature). The aim of Islamic Counselling is therapeutic and therefore distinct from Islamic instruction, indoctrination and pastoral functions. We believe that human beings are on a journey and that when we are working with an understanding of our *highest potential* – our spirituality or our God-given qualities - while not denying human weaknesses, that powerful and positive change can happen.

'That is because Allah never changes the grace He has bestowed upon any people until they first change that which is in their selves and that is because Allah is Hearer, Knower'

8:53

Our Islamic Counselling Diploma is also supported by quantitative and qualitative data as well as other research on faith and mental health. This is because we believe that in order to work honestly with the reality of clients' lives and journey that we must have a genuine spirit of enquiry and be open to the 'where to' (outcome) and how (process) of this journey.

O you who believe! take care of your selves; he who errs cannot hurt you when you are on the right way; to Allah is your return, of all (of you), so He will inform you of what you did.

5:105

Students will therefore be encouraged to evaluate this approach in the context of current research, their own experience and other counselling theories.

At diploma level, students deepen their understanding of the Islamic developmental view of the self, both in terms of life stages and spiritual development. The Qur'anic word for human being – *insan* – contains within it a sense of companionship or intimacy, which tells us about how our fundamental nature is *not I alone, but intersubjective*. Islamic Counselling sees relationships as one of the key ways in which we learn – and where we come to know the edges of ourselves and identities.

Islamic Counselling places emphasis on the transformative experience of therapy through relationship, when the practitioner has developed themselves and their skills so that they can be a clear mirror in which both the client and the therapist can see. One of the main tools that we use is the Islamic Counselling Process®, which begins with attention to proper preparation (developing presence and a state of *ibadat*) and intention (*niyyat*) to serve. Part of this involves understanding oneself as practitioner and what is going on within oneself as well as within the client (self-reflexive practice). Also within the Islamic Counselling Process® is learning how to empty the heart so that it can recognize, and be receptive to, genuine insights and intuitions that may be helpful to the client, both what is going on explicitly (outwardly) and implicitly (inwardly).

Islamic Counselling is also about understanding *signs* including the impact of the social, cultural, economic, and political context on the individual's journey. In particular the diploma will consider issues such as faith and modernity, working with the *umma*, diversity including working in non-Muslim settings and with non-Muslim individuals, denial in the Muslim psyche and the Muslim family. Students will be encouraged to integrate their learning from their clinical work, so that they can develop themselves as effective Islamic counsellors. This will be a particular focus in Year 2, when issues such as working with mental health issues, bereavement and loss, gender and sexuality, addiction, anger management, violence, power and prejudice often arise in clinical work and so are explored from an Islamic perspective. One of the aims of the course is to enable students to communicate and be in partnership with non-Muslim clients and colleagues, so students are also encouraged to relate Islamic perspectives to those commonly encountered models in clinical practice, such as client centred, psychodynamic and integrative.

Course Description

The course comprises core theoretical seminars including role-play skills practice and experiential groups. Trainees practice counselling skills in small groups using role-plays, experiential exercises and video work in relation to the overall aims of the course as

well as discuss relevant academic and spiritual texts as part of a large group. A key aspect of learning to be a counselor is through dhikr, remembrance of Allah.

*Theoretical seminars

*Experiential group

*Supervised clinical practice (placement)

*Role-play skills training

*Private study

*Personal therapy

Supervised clinical practice (placement)

Trainees are required to undertake a supervised clinical placement in the Diploma Programme. In order to meet the full clinical requirements of the Diploma Programme, trainees need to work with a range of clients, building up to a **minimum** of 100 hours and at least 5 different clients of which Candidates are required to complete 100 hours minimum of **formally contracted**, one-to-one counselling with at least five different clients in agency settings. Up to 49% of these counselling placement hours can be conducted through online/telephone work¹ and a minimum of 51% must be in-person counselling hours.

Course trainees are encouraged to commence seeing clients in Year 1, Term 3, but placements **must** be secured by the commencement of Year 2. This is dependent on trainees also obtaining the required [DBS](#) clearance². A placement within a counselling agency is required to provide trainees the opportunity to work with clients under supervised conditions. Clinical placements are a mandatory part of the training and are necessary to practice the skills taught on the theory part of the Diploma Course Programme.) Supervision is considered essential to therapeutic effectiveness and so trainees are required to attend regular supervision both within the course and on placement. Attendance at supervision is mandatory and meets the guidelines and requirements of the British Association of Counselling and Psychotherapy (BACP) code of ethics and practice.

¹ Candidates registered on a BACP APQ qualification must engage in a blended placement, full in-person placements are not permitted in this format of the qualification.

² Candidates are advised that obtaining DBS clearance can take time, so it is recommended that agencies are approached early on in order to ensure that candidates can begin placements by the beginning of Year 2 at the latest.

Obtaining a Clinical Placement

Trainees may be offered placements at the Lateef Project, which provides an Islamic Counselling telephone service, online over Zoom. However, the numbers of places are limited and are currently offered online. We also have relationships with other counselling agencies also where trainees may be placed. However it is important to note that obtaining the 100 client hours from a placement in a short time frame can never be guaranteed. It is dependent upon many factors, particularly the flow of clients who are appropriate for trainees and your matching availability. Therefore students may with the agreement of the tutors apply for additional time beyond the 2 years set for the core academic work. Stephen Maynard & Associates is one of the few training centres that can offer trainees placements, **but responsibility for finding an appropriate placement lies with the student.** It is recommended that students make enquiries regarding placements before they begin the course. Any placements must be approved by Stephen Maynard & Associates. Students must not start a placement until they have been assessed as ready to do so by their tutors.

Personal Therapy

It is a requirement of the Stephen Maynard & Associates Diploma to be in personal approved therapy for a minimum of *25 hours per year* once weekly during the Diploma Course Programme. Trainees would normally be in therapy prior to starting work with clients.

Trainees should be with working with therapists who are Islamic Counsellors, preferably trained in our model. Therapists must be approved by Stephen Maynard & Associates. Experiencing for oneself how professional counselling can provide a relationship in which clients can safely explore their experiences and become aware of hidden feelings and discover new perspectives and insights is important for its own sake but also in order to feel what it's like to be a client.

Additional Information:

Applicants should be aware that the qualification is not suitable for those who are currently in a state of severe emotional difficulty and/or severe psychological confusion and or a major life event as this course can and does often bring up uncomfortable feelings as students are required to explore their past and present.

Disclosure and Barring Service (DBS) Check

Trainee counsellors will be required to complete a DBS form <https://www.gov.uk/government/organisations/disclosure-and-barring-service> by their agency. Trainees need to ensure DBS checks are conducted prior to starting their clinical placement. We recommend that you request a form from your agency so that your check can be made in good time.

Entry Requirements and Application procedures

Entry requirements for the diploma are our Level 3 in Islamic Counselling. In addition we undertake an assessment interview. We do not accept applications from students who have undertaken equivalent counselling courses from other models except in exceptional circumstances. Applicants must complete the application form, which must be accompanied by:

- A full CV
- Two references, one academic and one personal

If your application is accepted, you will be invited for an assessment interview. We recommended that students make enquiries regarding placements before they attend the interview. Please note: relevant application materials (e.g. copies of certificates etc.) should be submitted at the same time in order for us to process your application as quickly as possible. By submitting an application, you are agreeing to tuition attendance and payment of course fees for the year. Applications must reach us by **1st August 2025** but we recommend early application so that your place is secured and you can access the reading list prior to the course starting. Interviews will be held on **16th July or 2nd September 2025**. Successful applicants will be notified by **9th September or before**.

**Completed application forms should be emailed to
info@islamiccounselling.info**

Course structure

The Diploma in Islamic Counselling is a part time 2-years qualification and consists of c230-250 hours per year. Course sessions are from held from 10am-6:30pm on Saturdays and 5:30pm-8:30pm on Wednesdays for the first year. An additional hour at the end of each teaching session is available for tutorials.

Location

As stated above, our Wednesday evening sessions will be over Zoom. Our face to face location is in the semi-rural location of Toddington, which is between Luton and Milton Keynes.

Course Assessment:

Is based on attendance, your portfolio, class participation and adab, clinical placement, personal therapy, and tutor assessment. More details are also available during the course and on the [CPCAB website](#).

Course Details

As with every CPCAB accredited qualification, our VRQ Level 4 Certificate in Counselling Studies (TCL4) has seven units, which are based on the seven processes in the CPCAB model. You must be determined to be proficient across these units (criteria based assessment by your tutor) and personal development assessment (by your tutor) to achieve the qualification. The individual units of this course are:

UNIT	DESCRIPTION
1. Working ethically safely and	Islamic Counselling has a strong emphasis on ethics and values, based on <i>Adab</i> (courtesy, approach) of the counsellor. Supported by the British Association Counselling Code of

<p>profession-ally as a counsellor</p>	<p>Ethics this unit ensures that trainees have a thorough grounding within the appropriate frameworks ethically and legally. We explore ethical dilemmas for the Muslim professional and also highlight expectations of conduct within different agencies.</p>
<p>2. The counselling relationship</p>	<p>Human development in society is considered essential in Islam. With this unit we consider <i>connection, mirroring, presence and trustworthiness within the counselling relationship</i>. Participants learn to facilitate clients' healing through considering how they relate to people as well as the development of the counselling relationship.</p>
<p>3. Client diversity</p>	<p>At this level, participants are challenged to develop <i>themselves and the agency</i> in the face of difference and diversity, particularly within the Islamic world, including issues such as sectarianism polygamy and gender.</p>
<p>4. The service user-centred approach</p>	<p>In this unit, participants learn how to create psychological and spiritual 'space'. In the diploma we focus on the development of insight and intuition about what is not spoken as well as what is, by increasing the depth of reflection and presence. This allows the individual client the possibility of expressing themselves more profoundly, more vulnerably, more fully, as appropriate to them.</p>
<p>5. Working with Self</p>	<p>In this unit, the students understand themselves with close reference to <i>nafsiyyat</i>,</p>

<p>awareness in the counselling process</p>	<p>the Islamic Science of the Self. At diploma level, we encourage trainees to see the training group and relationships within it as opportunities to enhance their spiritual development and sources of learning and reflection. Relationships with professionals and understandings of being in the umma are also considered. This also enhances the participant's ability to work with difficult issues and to empathise with others.</p>
<p>6. Working within a coherent framework of counselling theory and skills.</p>	<p>In this unit participants develop their understanding of the Islamic Counselling model of the Self (<i>nafsiyat</i>) and of the Islamic counselling process in practice. At this level we expand and establish theoretical and practical understandings introduced in Level 3 but also focus on the area of therapeutic change and the Divine Names. Participants are encouraged to see commonalities and differences with other models so they can contextualise and share their work with practitioners from other disciplines. Participants also explore mental health and common mental health problems through the lens of Islamic Counselling.</p>
<p>7. Work self-reflectively as a counsellor.</p>	<p>This unit builds on work carried out in Units 1 and 4 to facilitate the participant's ability to formally review their clinical work in a clear framework through supervision and case study review. Participants develop their skills in making use of regular supervision within their agency placement as well as on the course as part of the process of developing their</p>

	clinical work. In addition students are expected to manage their own learning and become increasingly skilled in providing constructive feedback to self and peers.
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Year 1

The aim of this first year is to **introduce the essential elements** of the counselling relationship in relation to Islamic Counselling, **to develop Islamic counselling theory** and skills and **prepare and support** students as they begin to work with counselling clients. In the first term students will explore the philosophy and theory of the approach and will be encouraged to evaluate this approach in the context of other counselling theories and their own experience. In the second term the focus will expand to actively prepare students for clinical practice and the third term to supporting them as they begin to work with clients.

During the first year a student's ability to undertake the training will continue to be assessed. Assessment will be self, peer, and tutor based and will include a consideration of:

- The student's current level of maturity and stability and their capacity and commitment to engage with the course material as a whole.
- The student's level of life and work experience and ability to learn from this.
- The student's current level of self-awareness and the ability to participate in the experiential learning environment within both large and small group settings.
- The student's potential to develop a helping relationship and an awareness of how prejudice and social oppression might impact this.
- The student's ability to reflect on their learning/personal process in an ongoing learning journal.
- The student's ability to manage the academic requirements of the course and to maintain adequate private study.

Year 2

- To move into the second year students will need:
- To have completed 25 hours of personal, weekly counselling
- To have completed all relevant learning assignments from the first year.

- To have successfully gained a minimum of 5-15 hours client contact and appropriate hours of supervision since commencement of the course.
- To have maintained a counselling placement in order to continue building their practice hours.
- To have their application for the second year of training endorsed by their Primary Tutor.
- To have maintained their learning journal and private study

Progression to Year 2 is not guaranteed and this may impact on the nature of the group. If some students are not accepted to Year 2, it is possible that the group may fall below minimum numbers and be cancelled.

Private Study

All trainees should be regularly reading professional journals and books in addition to set reading for the seminars. Private study is an important part of the diploma and students are expected to incorporate references into their journals.

Trainee Commitment

Trainees are responsible for their own learning which means allocating sufficient time and priority to the course.

In an average month a trainee will be expected to:

Attend the course for 4 days and 4 evenings (just over 10 months per year; online only in Ramadhan).

Allocate an equivalent amount of reading and course preparation time, i.e. 16 hours minimum per month.

Be in personal therapy for 4 sessions

Undertake client work in an agency setting. Gradually building up from 1 to 5 clients (Term 3)

Attend group or individual supervision (In class / Term 3)

Financial capability to commit to our training course.

Support the course through consideration and support of peers and consideration of tutors. Students are expected to look after the environment – venue and otherwise.

Attendance

85% of course dates must be attended per term. Students should ensure that weekday as well as weekend commitments can be met. Students should ensure that they are able to attend the full course session, as arriving late or leaving early is disruptive to course planning, tutors and group participation and will affect assessment.

Course Progression:

Upon successful completion of the course, there is an opportunity for you to progress to the Level 5 Diploma in Islamic Psychotherapeutic Counselling. Stephen Maynard & Associates are in the process of developing the Institute of Islamic Counselling & Well-Being and graduates of the diploma would also be eligible to join for membership of the Institute of Islamic Counselling & Well-Being.

Together with the CSK-L2 and CST-L3 courses, the diploma in Islamic Counselling provides a professional qualification for working as a counsellor within the Islamic model.

Career Opportunities:

Many of our current graduates are successfully working as counsellors. Employment includes with our sister project The Lateef Project, in the NHS in GP surgeries, in prisons, with MIND, with Nour Domestic Abuse, mosques, and in private practice.

Course Dates 2025-2027

The Diploma in Islamic Counselling, runs over the course of 2 years, and consists of approx. 230 hours per year.

Course Dates for Year 1 run from September 6 and July 11th. These can be accessed in the Course Schedule Appendix - Islamic Counselling Diploma Schedule 2025-26. Dates are subject to change.

Course Fees and Other Costs

All students are offered Installment Payment Arrangements. These must be made by standing order and on time. Student unable to meet the payment schedule detailed

below should make a written proposal with alternative arrangements to the Head of Centre prior to the start of the course. N.B Installment Payment Arrangements for Year 2 to be confirmed. The cost of the Diploma is currently £4500 p.a.³ Students who wish to pay the whole sum, payable on enrolment, can be offered a discounted rate of £4300. Zakat bursaries are available.

Payment	Date	Amount payable	Payment Methods
Enrolment	With application	£540	By standing order, bank transfer. Payment by cash can be made but the monthly instalment option will not be available and payments can be made on the first date of each term.
Monthly payments	15th date of each month from September	£360 x 11	
Final payment for 1 st year	15th July		

Other costs:

Minimum of 25 sessions of personal therapy per year over the duration of the training: approximately £30 -£35 per session (approximately £1500 - £1750 over two years)

Stephen Maynard & Associates are aware that although we would prefer placements to offer students insurance and supervision, some placements may not provide this and so you may also have to pay for supervision approximately £30-£80 per hour (circa £375-£1000) and private indemnity insurance (approx..£30-80 per year). BACP student membership: approximately £90 pa

DBS check (£44) and Text Books (minimum 8-10 per year)

³ We aim to maintain costs for 2026 but these fees may have to be adjusted.

Extension Fees

If Trainees have not completed their placement hours within the two year training period, students may be offered an opportunity to present their work on additional dates beyond the 2 year term where further academic input is required. This is at tutor discretion and additional fees will be incurred. Extensions must be applied for in advance (see student handbook)

There are a variety of reasons why this may occur, and personal circumstances are considered. Additional fees are based on academic and administrative input required as well as on costs.

Late Fees, Resits and additional tutorials

We anticipate that most students will complete their work on time and to course requirements. However, sometimes students need to repeat, resubmit aspects of the course or may be unable to complete in time. This is always at the discretion of the tutors. There are additional charges for these:

External Assessment Resit: £350 (including CPCAB charges)

Resubmit assignment: £60

Zoom Tutorial (1hour): £75

Late Submission of Portfolio: £450

Tuition Fee half day; £175

Cancellation Policy

Fees are due in full on enrolment, although it is possible to pay by instalment.

If a student enrolls on a course and withdraws prior to the start of the course, the course deposit is forfeit.

If a student enrolls on a course and withdraws from training after the course has commenced, fees are due in full for the year. If a student enrolls on a course and is then found by Stephen Maynard & Associates to be unsuitable to continue training, fees are due for the modules attended. This does not include reasons of not completing course work.

See handbook for full details.

Due to financial hardship and/or exceptional circumstances

Due to the small sizes of our classes, students experiencing exceptional unforeseeable circumstances resulting in the need to withdraw from the course are still liable to pay outstanding fees. If we are able, you may be granted a waiver of part of your fees. This applies from the date of a written request. The refund is based on the fees for the whole year and students paying the instalment option are liable for outstanding fees unless and only if their request is granted. Students are required to submit a written request to the Head of the Centre providing full information about the circumstances and supporting documents (where applicable).

All requests will be considered by the centre and a written response setting out the reasons for allowing/refusing a refund shall be provided within fifteen (15) working days.

Course cancellation by Centre

If Stephen Maynard & Associates cancels a course prior to its commencement and cannot offer a suitable alternative then a full refund will be given. If a course is cancelled after commencement, refunds will be made on a pro-rata basis.

The centre will normally issue a refund directly to the students concerned within fifteen (15) working days of the course being cancelled. Students do not need to make a written request for a refund in this situation.

Terms and Conditions

These are detailed in the student handbook, and include our GDPR, Diversity and Equal Opportunities Policy, and our Intellectual Property Policy agreements. These may be updated from time to time, but students who join our courses are assumed to have agreed to our terms and conditions.

Course Venue

The course will be held over Zoom and face to face sessions in our dedicated Islamic Counselling venue, based in the semi rural location of Toddington.

Islamic Counselling Diploma Calendar 25-26 – Your journey begins!

- *The next three pages display Terms 1, 2 and then final Term 3 for the year.*
- *We can also provide a link to a downloadable calendar once you are confirmed.*
- *Face to face sessions must be attended in person!*
- *Please note this calendar includes two face to face Sundays in the year.*
- *Online Sessions must be attended with camera on. The link here is not active – it will be provided if you are confirmed.*
- *Regular and timely attendance is especially important for groupwork and is part of your assessment.*

Date	Day	Time	T _T Session Type	Location
06 Sep 2025	Saturday	10:00 - 18:30	Face-to-Face	The Falling Leaf, Toddington
10 Sep 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
17 Sep 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
20 Sep 2025	Saturday	10:00 - 18:30	Face-to-Face	The Falling Leaf, Toddington
21 Sep 2025	Sunday	10:00 - 18:30	Face-to-Face	The Falling Leaf, Toddington
24 Sep 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
01 Oct 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
08 Oct 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
15 Oct 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
18 Oct 2025	Saturday	10:00 - 18:30	Face-to-Face	The Falling Leaf, Toddington
22 Oct 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
01 Nov 2025	Saturday	10:00 - 18:30	Face-to-Face	The Falling Leaf, Toddington
05 Nov 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
12 Nov 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
15 Nov 2025	Saturday	10:00 - 18:30	Face-to-Face	The Falling Leaf, Toddington
19 Nov 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
26 Nov 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
29 Nov 2025	Saturday	10:00 - 18:30	Face-to-Face	The Falling Leaf, Toddington
03 Dec 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
10 Dec 2025	Wednesday	17:30 - 20:30	Online	https://zoom.us/your-meeting-link
13 Dec 2025	Saturday	10:00 - 18:30	Face-to-Face	The Falling Leaf, Toddington
20 Dec 2025	Saturday	10:00 - 18:30	Face-to-Face	The Falling Leaf, Toddington

Date	Day	Time	T _T	Session Type	Location
10 Jan 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
21 Jan 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
24 Jan 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
25 Jan 2026	Sunday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
28 Jan 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
04 Feb 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
07 Feb 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
11 Feb 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
14 Feb 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
18 Feb 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
25 Feb 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link

Date	Day	Time	Tr	Session Type	Location
11 Apr 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
15 Apr 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
22 Apr 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
25 Apr 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
29 Apr 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
06 May 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
09 May 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
13 May 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
20 May 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
23 May 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
27 May 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
03 Jun 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
06 Jun 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
10 Jun 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
17 Jun 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
20 Jun 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
24 Jun 2026	Wednesday	17:30 - 20:30		Online	https://zoom.us/your-meeting-link
04 Jul 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington
18th Jul 2026	Saturday	10:00 - 18:30		Face-to-Face	The Falling Leaf, Toddington